

April 9, 2018

# 2018 April Newsletter

## Minnesota Association of Medical Staff Services

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## 36<sup>th</sup> Annual MAMSS Conference

The MAMSS Conference Committee has been working hard and has put together yet another awesome conference!!! We are excited to say that registration is now open – you can register and pay on-line on the new and improved MAMSS website ([www.mnamss.org](http://www.mnamss.org)) under the Education/Upcoming Events page or complete the paper registration form in the brochure and send a check by mail. Highlights of this year's conference include:



- Keynote Speaker, Dr. Humor, will have you belly laughing in your seat! Through his sessions at our conference, Dr. Humor hopes to teach us how humor absolutely belongs in the workplace and how it can help reduce stress and increase productivity! Check out his website at [www.drhumor.com](http://www.drhumor.com)
- Kathy Matzka, CPCS, CPMSM, FMSP, will provide three credentialing education sessions, including a Credentialing Basics breakout session that will be absolutely great for new credentialing professionals or those that want to brush up on the fundamentals of credentialing. She will also provide an update on the hot topics in credentialing and a self-development session on how MSPs can evaluate and communicate their value.
- Representatives from the Minnesota Board of Nursing and Minnesota Board of Medical Practice will be presenting on current topics in their area. They will be leaving time for Q&A, so have your questions ready!
- A legal representative from a Minnesota health system will share information on peer review, what we can share, and what we can get in trouble for sharing!
- There will be a Q&A session with a panel of MAMSS members including clinic, hospital and payor representation. They will be answering your questions, so you don't want to miss it!
- As requested on several past evaluations, the Social Hour will be back on-site at the Crowne Plaza hotel following the sessions on Thursday. We will be serving Fiesta-themed appetizers and a cash bar will be available. This will be a fun, relaxing time where you can network with others and get to know fellow MSPs!!
- We have been approved for 11 CEUs from NAMSS



Register NOW for the 36<sup>th</sup> Annual MAMSS Conference!

When: April 26-27, 2018, Where: Crowne Plaza Hotel, Plymouth, Why: Why not? You don't want to miss this educational and fun event! At less than \$19 per CEU, you can't afford to miss it!

How: Register on-line at [www.mnamss.org](http://www.mnamss.org) under Education/Upcoming Event page or print and mail registration form and payment.

I hope to see you all at the Conference on April 26-27 in Plymouth! Please contact me at [sfrank@hutchhealth.com](mailto:sfrank@hutchhealth.com) if you have any questions.

Stefanie L. Frank, CPCS, CPMSM  
MAMSS Vice President and Conference Committee Chair

## NAMSS 41<sup>st</sup> Annual Conference 2017

Congratulations to Allison Peterson, CPCS for earning the Charlotte Cochran Scholarship Award!!!!

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“You don’t inspire your teammates by showing them how amazing you are. You inspire them by showing them how amazing they are.”

- Robyn  
Benincasa



Allison was presented The Charlotte Cochran Scholarship at the National Association of Medical Staff Services Conference in Colorado this past October. **The Charlotte Cochran Scholarship Award** was established in 1988 in honor of Charlotte Cochran, founder and past president of NAMSS and former Overview editor. The award provides financial assistance to an active member of NAMSS and is to be applied toward the accredited program of study (*pursuit of higher education through an advanced degree at an accredited school/university*).

### **Message from our NAMSS scholarship winner:**

I want to thank the MAMSS Board of Directors for giving me the opportunity and experience of going to the NAMSS 41<sup>st</sup> Educational Conference and Exhibition in Colorado Springs, CO. The conference this year was located at the Beautiful Broadmoor Hotel with the scenic Mountains in the background, it was truly breathtaking. I enjoyed the keynote speaker; Kathy Dempsey and her *Keep Shedding* vision. Kathy was right, we can change/benefit both our personal and professional lives by her *Keep Shedding* vision. I really enjoyed the session on *You Just Can't Make this Stuff up*. As a Credentialing Specialist, it put in perspective why we do the jobs we do. How crucial it is for us to primary source, verify licensure and specialties as well as clarify any time gaps. I enjoyed the Roundtable Network Breakfast, Children’s Hospital table.

~ Laura Bernal, CPCS, Children’s Minnesota

Attendees at the Virtual NAMSS Conference October 23<sup>rd</sup>, 2018 held at CentraCare Health – Monticello.



L-R: Melissa McCollor, Karla White, Cindi Maki, Jenny Kroska, Deanna Lundberg, Rhonda Landini (Not pictured: Kerri Pruette & Terrie Winter.)

## Regional Representatives Update

### **Central Region Update:**

The Central Region met on Friday, March 9<sup>th</sup> at the St. Cloud Hospital and viewed the NAMSS Webinar, “Collaboration in the Workplace: The Ins and outs of Sharing Provider and Performance Data” for 1.5 CE Credits. The next meeting will be held in September.

### **Northern Region Update:**

The Northern Region held its Winter Meeting on Friday February 23<sup>rd</sup> at Fairview Range in Hibbing. Thanks to the work of Karen and the IT Team at Fairview Range we were able to offer both a call in option as well as a webex which allowed participants to view the webinar remotely. We had several participants take advantage of this option and we plan to offer it again at our next meeting.

Our meeting started with a round table discussion and then we viewed the NAMSS webinar “Collaboration in the Workplace: The Ins and Outs of Sharing Provider and Performance Data”. The meeting offered 2.5 CEU’s.

### Regional Representatives Update Continued...

The summer meeting will be held on Thursday, August 16, 2018 at Fairview Range in Hibbing MN. Watch for more details closer to the meeting.

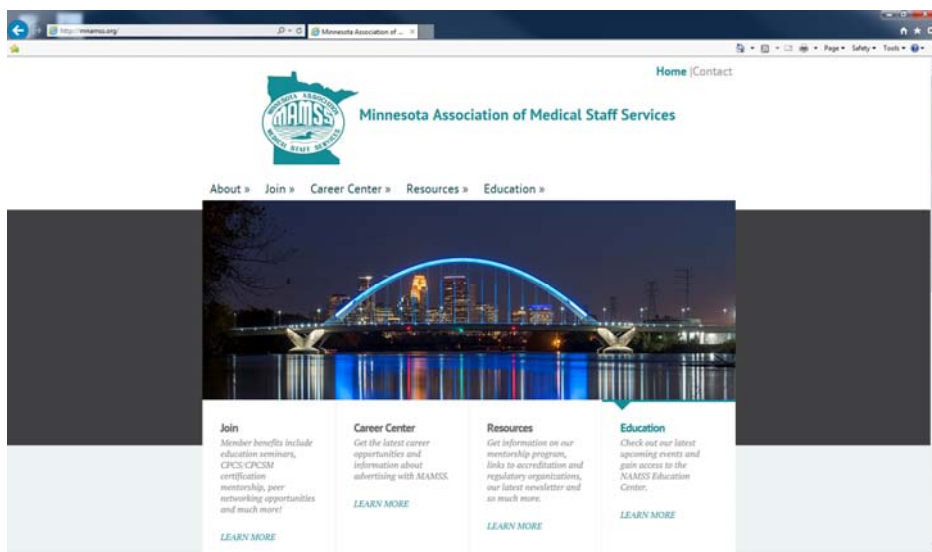
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### Southern Region Update:

The Southern Region had a meeting on February 6<sup>th</sup>. We had two full hours of networking discussing multiple topics. Our next meeting will be scheduled after the MAMSS Annual Conference.

## MAMSS NEW WEBSITE!



"A group becomes a team when each member is sure enough of himself... to praise the skills of others."  
- Norman Shidle

Don't forget to continue to check the website for job postings, education events, resources and more!

<http://www.mnamss.org/>

### Highlights:

- New, easy to use discussion forum
- Easy completion of both online initial and renewal of memberships
- Quick conference registration
- More thorough resources with links provided
- Easy to navigate site
- Upcoming events source

## You can now call into ALL Regional Meetings!

Please watch your email for opportunities to call into our Regional meetings! Each Region hosts two meetings a year. It's a great chance to get to know members from across the state and get new ideas.



## Leadership Insights

### Record number of med students take next step in training

A record number of medical school students and graduates applied for residency positions this year, according to the National Resident Matching Program. More than 37,000 applicants competed for 33,167 positions. The number of first-year positions also hit a new record of 30,232, nearly 1,400 more than last year.

Nearly half of first-year positions offered this year were in primary care specialties. The number of primary care positions has increased by 13.2% since 2014. About 98% of those positions were filled during the Match.

Emergency medicine programs also offered 231 more first-year positions for a total of 2,278. This number represents a 27.5% increase since 2014. Ninety-nine percent of those positions were filled, 70.5% of which were filled by seniors at allopathic medical schools.

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“Being positive in a negative situation is not naïve. It’s leadership.”  
- *Author Unknown*

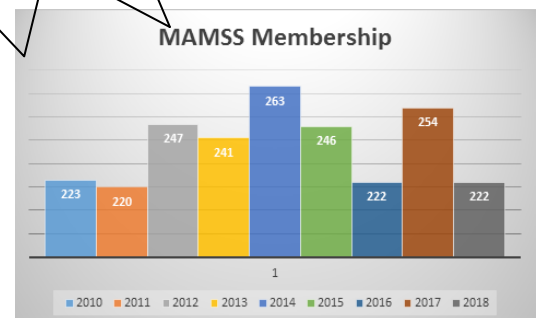
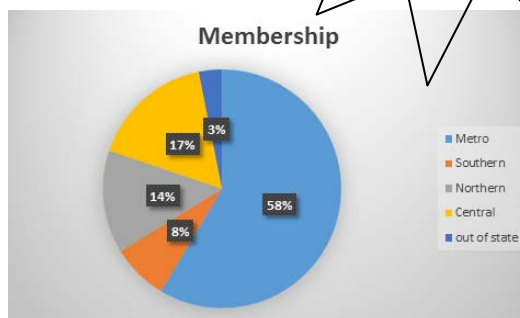
## NPDB Launches New Hospital Attestation Initiative

The National Practitioner Data Bank (NPDB) has launched a new initiative for U.S. hospitals (including U.S. territories) to complete their federally mandated hospital attestation when renewing their registrations with the NPDB.

Hospitals will be joining a growing group that includes State Licensing Boards and health centers that complete attestation when they renew their registration with the NPDB every two years.

The NPDB is a repository of reports containing information on medical malpractice payments and certain adverse actions related to health care practitioners, providers and suppliers. An attestation confirms the health care organization has submitted all reportable actions and medical malpractice payments to the NPDB.

## Membership Update




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“The beautiful thing about learning is that no one can take it away from you.”  
- *B.B. King*

## Board Update:

### Regional Representative Appointments:

Following discussion with current Regional Representatives, the Board appointed the following positions for another 2-year term beginning July 1, 2018:

**Northern Regional Representative** – Danielle Larson

**Southern Regional Representative** – Shelly Berg

**Metro Regional Representative** – Brent Altoff

### Volunteer Needed!

**\*\*Central Regional Representative** – After being on the Board for many, many years, Cindy Maki is passing on the baton. This is an excellent opportunity to grow in leadership, make changes that affect our profession, boost your resume and have fun along the way! The term would be from July 1, 2018 to June 30, 2020. Please contact Allie Peterson as soon as possible if you are interested in serving on the MAMSS Board as Central Regional Representative.

*The Regional Representatives (Northern, Metro, Central and Southern) shall have the responsibility for strengthening MAMSS throughout the development of effective links with its region members.*

#### *Duties and Responsibilities:*

- a. *Serve as a voting member of the Board of Directors. Assist in education and communication with members in their region.*
- b. *Provide educational opportunities such as credentialing forums for members in their region on a regular basis. CEUs are optional.*
- c. *Provide contact lists for members in their region, upon request.*
- d. *Lead a membership drive in their region on a regular basis.*
- e. *Serve as a member of the Conference Committee or delegate responsibilities to an Active member of the region.*
- f. *Encourage MAMSS membership and NAMSS certification.*
- g. *Provide a report to the Board of Directors at each regularly scheduled Board meeting regarding the region's activities.*
- h. *Any correspondence or communication received, concerning MAMSS, requiring approval by the President or Board should be directed immediately to the President.*
- i. *Provide a report regarding the region's activities at the MAMSS Annual Meeting.*
- j. *Furnish Communication Coordinator with Regional report for the MAMSS Newsletter.*

## Upcoming Events

### **April '18:**

\* 11<sup>th</sup> NAMSS Live Webinar,

[The Future of Medical Services Professionals](#)

\* 21<sup>st</sup> [Star Gala](#), Children's MN

\* 22<sup>nd</sup> Earth Day

\* 25<sup>th</sup> Administrative Professional Day

\* 26<sup>th</sup> – 27<sup>th</sup> 2018 MAMSS Conference

\* 26<sup>th</sup> – 27<sup>th</sup> CPCS Live Prep Course - MOAMSS

### **May '18:**

\* 3<sup>rd</sup> – 5<sup>th</sup> NAMSS, The Credentialing Solution – Naples, FL - Greeley

\* 29<sup>th</sup> NAMSS Live Webinar,

[The Evolving Role of the MSP in the 21<sup>st</sup> Century](#)

### **June '18:**

\* 9<sup>th</sup> [Walk for Amazing](#), Children's MN

### **July '18:**

\* 30<sup>th</sup> [United Hospital Golf Classic](#), AllinaHealth

### **August '18:**

\* 16<sup>th</sup> Northern Region Meeting

### **September '18:**

\* 29<sup>th</sup> – 30<sup>th</sup> NAMSS 42<sup>nd</sup> Educational Conference & Exhibition 2018

### **October '18:**

\* 1<sup>st</sup> – 3<sup>rd</sup> NAMSS 42<sup>nd</sup> Educational Conference & Exhibition

### **November '18:**

\* Medical Staff Awareness Week

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“You make a living by what you get, but you make a life by what you give.”

- Unknown Author

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**We're on the Web!**

[www.mnamss.org](http://www.mnamss.org)

**Check us out on  
Facebook!**

<http://m.facebook.com/MNassociationofmedicalstaffservices/>  
@MNassociationofmedicalstaff  
services

**We're on LinkedIn!**

<https://www.linkedin.com/company/18262869/>

## Misc Information



Join the National Association Medical Staff Services (NAMSS) in Long Beach, California for the 42nd Educational Conference & Exhibition, **September 29 - October 3, 2018** at **the Long Beach Convention Center**. Attendees can expect to:

- Expand their expertise with more than 40 sessions taught by industry leaders
- Elevate their leadership skills through interactive workshops
- Earn up to 32 CE credits toward maintaining NAMSS certification with sessions tracked by level of experience and specific focus areas
- Embrace new technology and learn how to benefit from 40+ exhibitors
- Enjoy Long Beach's numerous attractions while taking advantage of up to eight (8) hours of scheduled networking time with colleagues from across the country

**Registration and hotel information will become available Spring 2018.**

### Congratulations to the 2018 Scholarship Winners!

National Association of Medical Staff Services (NAMMS) Annual Conference Scholarship – **Jenny Kroska**  
Minnesota Association of Medical Staff Services Annual Conference Scholarships – **Amber Bakken, Melissa Worlie, Debbie Blexrud**



## Healthy Recipes

Double Chocolate Chip Cookies {Grain free, Sugar free, Butter free}

### Ingredients

- 1 cup canned chickpeas or pink beans, or black eyed peas, or any other kind of canned beans
- 1/2 cup peanut butter or almond butter
- 1 cup chocolate chips
- 1/3 cup honey or maple syrup
- 1 tsp vanilla extract
- 1/2 tsp baking soda
- 1/4 cup chopped walnuts optional



### Instructions

1. Preheat oven to 350 degrees,
2. Pour half of the chocolate chips into a small sauce pan and melt over low heat until fully melted.
3. In a mixer pour the beans, peanut butter, honey, vanilla extract, baking soda, melted chocolate (do not include the un-melted chocolate chips) and blend for 2-3 minutes until the mixture is fully combined.
4. Pour the mixture into a medium mixing bowl and add the chocolate chips and walnuts.
5. Form 1 inch round balls and spoon onto a non-greased baking sheet. Press the balls down gently with the bottom of a spoon for a cookie shape or leave as is for a bite size shape.
6. Bake for 9-10 minutes.



Check out the recipe [Here!](#)

# Game Time

## MAMSS

C N E T A G W B C S Y R H E H  
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